FORTALINE Omegaz



QUALITATIVE AND QUANTITATIVE COMPOSITION:

Each anti-reflux technology capsule of **FORTALINE® PLUS** contains 500 mg of fish oil with 30 % of essential omega 3 fatty acids (standardized to 18% EPA and 12% DHA) and 10 mg of Vit E. EnteriCare™ Anti-Reflux Technology capsules: non-coated and transparent softgel, made of GRAS Pectin. The EnteriCare™ technology reduces the risk of reflux and enables to avoid a fishy aftertaste.

PHARMACEUTICAL FORM: Blister strip package of 20 capsules. CLINICAL PROPERTIES: Contraindications: FORTALINE® PLUS capsules are contraindicated in people who are hypersensitive to any of the ingredients of the product.

Special warnings and precautions for use: Since fish oils are derived from marine life, allergic reactions are possible. The using of the product must be stopped if rash or other allergic reaction is observed. You are immediately advised to consult your physician. If you are going to have elective surgery, you may need to stop taking this supplement before the procedure. Let your health care professional know you are taking fish oil prior to scheduling the surgery.

Interactions with other medicinal products: The only interactions omega 3 fatty acids are likely to have are with anticoagulants and possibly aspirin, where it can in theory enhance the reduction in blood viscosity. Pregnancy and lactation: FORTALINE® PLUS is beneficial for pregnant & nursing mothers and is also an excellent nutritional choice for women who are actively trying-to-conceive. Scientific studies indicate that pregnant and breastfeeding mothers do not receive sufficient omega 3 fatty acids in their diets.

Undesirable effects: Side effects that you should report to your doctor or health care professional as soon as possible: mood changes or emotions, easy bruising, skin rash or unusual skin reaction. Side effects that usually do not require medical attention (report to your doctor or health care professional if they continue or are bothersome): bad breath (fishy breath), belching, diarrhea, heartburn, nausea, stomach upset and weight gain.

Overdosage: In case of overdose, there is no particular recommendation. A symptomatic treatment should be initiated. **SPECIAL PRECAUTIONS FOR STORAGE:** Store below 30 °C, in the original package, protected from humidity. Keep out of reach and sight of children. Do not use after the expiry date, stated on the packaging (Exp.). The expiry date refers to the last day of that month.

NAME OF MANUFACTURER: Patheon Softgels B.V., De Posthoornstraat 7, 5048 AS Tilburg, The Netherlands. REGISTRATION HOLDER: Dafra Pharma GmbH., Switzerland.

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Health, balance and well-being





REVOLUTIONARY FORM WITHOUT THE FISHY AFTERTASTE The EnteriCare capsules, a new technology that reduces the risk of reflux and helps avoid the aftertaste of fish.



Setting the Standard www.dafrapharma.com



Some of the beneficial effects of omega-3 fatty acids (**FORTALINE® Plus**) are listed below:

- ✓ Increases birth weight.
- ✓ Reduces risk of premature birth.
- ✓ Improves brain development.
- ✓ Improves visual development.
- ✓ Protects skin against aging.
- ✓ Provides support to the immune system.
- \checkmark Is good for the heart and controls blood pressure.
- ✓ Improves metabolism.
- ✓ Improves joint flexibility.
- ✓ Improves sense of well-being and positive mental health.
- ✓ Decreases stress.





With daily intake, **FORTALINE®** Plus is beneficial for all. **FORTALINE®** Plus is recommended for improving health and development.

DHA and EPA are essential fatty acids that are important for optimal development.

DOSAGE

Children: 1 capsule/day Adults: 1-2 capsules/day Pregnancy and lactation: 2-3 capsules/day



For the complete SMPC, please visit www.dafrapharma.com