

AMIFER®

iron + folic acid + vitamin B12

Ferric deprivation?
The blood generator will take care of it.

TREATMENT AND PREVENTION OF IRON AND FOLIC ACID DEFICIENCY

INDICATIONS

People with an iron deficiency or low dietary iron,
During pregnancy,
In case of postpartum iron deficiency anaemia,
In case of severe or mild anaemia,
Or prophylactic to prevent iron and folic acid deficiency.

GUIDELINES ON IRON SUPPLEMENTS	
0 to 13 years	5 ml AMIFER®/ day
From 14 years	10 ml AMIFER®/ day
Pregnancy and lactation	10 ml AMIFER®/ day
TREATMENT OF MODERATE TO SEVERE IRON DEFICIENCY ANAEMIA	
Adolescents (14-18 years) Adults (≥, 19 years) Pregnancy and lactation	20 ml Amifer®/ day
Recommended treatment duration: min. 3 months.	

DAFRA PHARMA INTERNATIONAL

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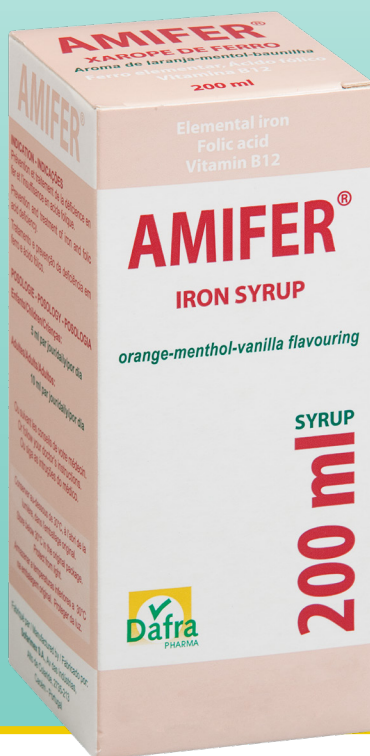
3FIAMIE 2021

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Setting the Standard

www.dafrapharma.com

AMIFER®

iron + folic acid + vitamin B12

The blood generator

Healthy iron levels for all ages

Treatment and prevention of iron
and folic acid deficiency



INDICATIONS AND DOSAGE

Indication	Unit dose
Iron Syrup 200ml	
Guidelines for iron supplementation: Infants (0-12 months) Children (1-13 years) Adolescents (14-18 years) Adults (≥, 19 years) Pregnancy and lactation	30 mg/day of iron - 5 ml 30 mg/day of iron - 5 ml 60 mg/day of iron - 10 ml 60 mg/day of iron - 10 ml 60 mg/day of iron - 10 ml
Guidelines to treat moderate to severe iron deficiency anaemia: Adolescents (14-18 years) Adults (≥, 19 years) Pregnancy and lactation	120 mg/day of iron - 20 ml 120 mg/day of iron - 20 ml 120 mg/day of iron - 20 ml
Shake well before use! Do not drink milk, dairy products or tea at the same time, but wait at least two hours before you use these drinks. Try to take your medication at the same time each day. This makes it easier to remember. Always take the medicine immediately after a meal, as this may prevent gastric discomfort.	
Recommended treatment duration: min. 3 months.	

WHAT IS IN THIS MEDICATION?

Ingredients (Quantity/5 ml):

Active: Ferric ammonium citrate (172.41 mg (equivalent to 30 mg elemental iron)), Folic acid (2.5 mg), Vitamin B12 (cyanocobalamin) (0.02 mg). Excipients: Potassium sorbate (7.50 mg), Sodium chloride (0.600 mg), Anhydrous citric acid (2.500 mg), Orange flavour (70.796 mg), Vanilla flavour (2.269 mg), Mint flavour (17.916 mg), Sucralose (3.50 mg), Ethanol (0.1805 ml), Glycerol (750.00 mg), Eurocert Ponceau 4R (2mg), Sorbitol (Ad 5.000 ml), Distilled water.

INDICATIONS

This syrup can be used:

- ✓ by people with an iron deficiency or low dietary iron,
- ✓ during pregnancy,
- ✓ in case of postpartum iron deficiency anaemia,
- ✓ in case of severe or mild anaemia,
- ✓ or prophylactic to prevent iron and folic acid deficiency.

CONTRA-INDICATIONS

AMIFER® is contra-indicated for people who are allergic to any of the ingredients. **AMIFER®** should not be administered in cases of iron cumulation (haemochromatosis, haemosiderosis, chronic haemolysis) and disturbances to iron utilisation (sideroachrestic anaemias, lead poisoning anaemias, thalassaemias).

There is an absolute contra-indication in cases of megaloblastic anaemia resulting from isolated vitamin B12 deficiency (e.g. resulting from a deficiency in intrinsic factor), isolated folic acid deficiency.

SPECIAL PRECAUTIONS

You should check with your doctor before taking this medication:

- ✓ if you are frequently receiving blood transfusions
- ✓ if you have a blood disorder
- ✓ if you suffer from epilepsy
- ✓ if you suffer from digestive system or stomach problems.

PREGNANCY - BREASTFEEDING

AMIFER® can be used safely during pregnancy and breastfeeding.

INTERACTIONS WITH OTHER MEDICATION

Some other medicines do not mix with ferric ammonium citrate/folic acid syrup. Your doctor is aware of this and will alter your treatment as needed. However, it is very important that you will tell your doctor about all the medicines you are taking, including those obtained without a doctor's prescription.

Simultaneous administration of antacids, phosphates, carbonates, oxalates, calcium and some other antibiotic drugs (tetracyclines) may decrease the effect of iron. The effect of penicillamine, fluoroquinolones, sodium etidronate,

sodium clodronate, some antibiotic drugs (tetracyclines), methotrexate, trimethoprim, and pyrimethamine may be decreased.

DURATION OF USE

Keep taking this syrup until your doctor tells you to stop.

Remember: this medicine has been prescribed just for you. Never offer your medicine to other people.

It may not be suitable for them even if their symptoms seem the same as yours.

IN CASE OF OVERDOSE

In case of overdose, contact your doctor or pharmacist immediately.

POSSIBLE SIDE EFFECTS

Like all medications, **AMIFER®** may occasionally cause side effects in some patients. These include nausea, vomiting, constipation, diarrhoea. Dark coloration of the stool is usual and harmless. Allergic reactions occur rarely. Tell your doctor if you suffer badly or develop any other unusual problems, whilst you are taking this medication.

STORAGE

Store below 30 °C, in the original package, protected from light. Keep out of reach and sight of children. Do not use after the expiry date, stated on the packaging (Exp.). The expiry date refers to the last day of that month.